

Personality Questionnaire Experience



FEATURING Jenny Toh

LEGAL COUNSEL AT ING BANK N.V AND ICF CREDENTIALED COACH

Throughout the year, JLegal examines the PQE of a senior in-house counsel. On this occasion, we speak with Jenny Toh, a senior lawyer who has answered a yearning for something more by becoming a coach (while continuing lawyering)!

- What is your current state of mind?
 I am grateful as I launched my coaching business earlier this year. It's growing in spite of the Covid-19 pandemic.
- What's something you're glad you'll never have to do again?

Carrying dusty, heavy litigation files to court for my master when I was doing my pupillage 24 years ago! Yes, I am that "dated"!

- What's one thing you always procrastinate on?
 Re-evaluating my investment portfolio on a regular basis as I don't find joy looking at numbers, charts and graphs.
- Is there anything you consider absolutely unforgivable?

Any form of abuse, in particular child abuse.

If you woke up tomorrow with no fear, what would you do first?

Hold an in-person training session to hundreds of participants to teach them about mental fitness and empower them to take ownership for the decisions they make.

What is one behaviour that you never tolerate?

Belittling another person just because he/she is from a different background/religion/life experience from you.

- Who would you hate to be stuck in a lift with?
 Someone who cannot stop talking about himself/herself.
 There is nothing wrong with self-promotion but I believe in humility and moderation.
- What is something you have always dreamt of doing but have never done?

Visit the Northern Lights in Alaska. It's still on my places to see list!

Your house, containing everything you own, catches fire. After saving your loved ones and pets, you have time to safely make a final dash to save any one item. What would it be? Why?

The Bible my pastor gave to me as my wedding present. It is special because it serves as a reminder that God is always with me.

What is your happiest memory?

When my father brought home a puppy for my 10th birthday and when we had our family vacation in Japan last June.

What is your greatest fear?

Outliving my children. I believe it is so much more painful for a parent to lose a child than a child to lose a parent.

Which words or phrases do you most overuse?

"How true is that?" and "What comes up for you when you hear yourself say those words?". Yes, they are coaching questions which I use in almost every session.

How do you want to be remembered?

These Bible verses sum up the legacy I want to leave behind: "His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!'" Matthew 25:21 NIV

